

A close-up photograph of a wooden door. The door is made of dark-stained wood with a prominent grain. It features a brass handle with a decorative, curved lever. Above the handle is a circular brass push-button. To the left of the handle is a decorative brass plate with a floral or leaf-like carving. The door is slightly ajar, revealing a dark interior.

It's my recovery.

**Medication can open a
door, but it takes a
strong and courageous
person to step over the
threshold into recovery.**

That person is me.

Pat Deegan

